Lebanese Eatery

barouk

مطعم لبناني

MENU GRUPO / GROUP MENU

COUVERT

Pão Pita Labneh de alho e ervas Muhammara Azeite Virgem extra e melaço de romã	**Puffed Pita Bread** Garlic and herb labneh Muhammara Extra virgin olive oil and pomegranate mollasses

ENTRADAS / MEZZE STARTERS

Humús Barouk (GF) Humús de grão, Tahini, pickle de pepino, grão de bico, salsa picada, azeitonas, azeite, c/ pão pita ou crudités de vegetais	**Barouk Hummus** (GF) Chickpea hummus, tahini, cucumber pickle, chickpeas, chopped parsley, olive oil with pita bread or vegetable
Falafel de grão de bico com Molho Tarator Bolinhos de grão frito, molho tarator	**Chickpea falafel with Tarator Sauce** Fried chickpea fritters, tarator sauce
Rakakat Rolos de queijo frito com mel e sementes de sésamo	**Rakakat** Fried cheese rolls with honey and sesame seeds
Manakish Mana, Barouk ou Kofta	**Manakish** Mana, Barouk or Kofta

PITAS / ESPETADAS — SKEWERS

(Uma à escoha / one of your choice)

PITAS

Pita Vegetariana Falafel, alface, tomate, cebola roxa, pickle de pepino, molho tarator, molho de iogurte	**Vegetarian Pita** Falafel, lettuce, tomato, red onion, cucumber pickled , tarator sauce, yogurt sauce
Pita de Frango Frango grelhado, za´atar, alface, tomate, cebola roxa, pickle de pepino, molho tarator, molho de iogurte, ervas frescas	**Chicken Pita** Grilled chicken, za'atar, lettuce, tomato, red onion, cucumber pickled , tarator sauce, yogurt sauce, fresh herbs
Pita de Novilho Kofta de novilho, labneh, alface, tomate, cebola roxa, pickle de pepino, molho tarator	**Beef Pita** Beef kofta, labneh, lettuce, tomato, red onion, cucumber pickled , tarator sauce
Pita de Borrego Borrego assado 12h, tahini, labneh, alface, tomate, cebola roxa, pickle de pepino, molho tarator, ervas frescas	**Lamb Pita** 12-hour roasted lamb, tahini, labneh, lettuce, tomato, red onion, cucumber pickled, tarator sauce, fresh herbs

ESPETADAS — SKEWER

Espetada de Frango Frango grelhado, labheh, salada de bulgur, molho de iogurte, wedges de batata, mix de alfaces queijo feta e romã	**Chicken Skewer** Grilled chicken, labneh, bulgur salad, yogurt sauce, potato wedges, mixed lettuce, feta cheese and pomegranate
Espetada de Kefta de Novilho (GF) Kefta de novilho grelhado, salada de bulgur, humús de pimento ,tomate assado, wedges de batata, mix de salada, queijo feta e romã	**Beef Kefta Skewer** (GF) Grilled beef kefta, bulgur salad, pepper hummus, roasted tomato, potato wedges, mixed salad, feta cheese and pomegranate
Espetada Halloumi Vegie Halloumi grelhado, mel de za´atar, salada de bulgur, molho de iogurte, wedges de batata, mix de alfaces, queijo feta e romã	**Halloumi Veggie Skewer** Grilled halloumi, za'atar honey, bulgur salad, yogurt sauce, potato wedges, mixed lettuce, feta cheese and pomegranate

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SOBREMESAS	DESSERTS
Tiramisu Libanês "mafroukeh" Base de biscoito com café, creme de mascarpone , amaretto, pistáchio crocante	**Lebanese Tiramisu "mafroukeh"** Coffee biscuit base with mascarpone cream amaretto, crunchy pistachios
Baklava tradicional Massa filo, noz, caju, miolo de amêndoa, mel, gelado de nata	**Traditional baklava** Phyllo pastry, walnuts, cashews, almonds, honey, cream ice cream
Bolo cremoso de chocolate Caramelo salgado de Tahini, gelado de nata e pó de za´atar	**Creamy chocolate cake** Salted tahini caramel, cream ice cream, and za'atar powder

OPCAO I	OPTION I
BEBIDAS INCLUIDAS DURANTE A REFEICAO:	**DRINKS INCLUDED DURING THE MEAL**:
Soft drinks Cerveja Vinho Branco e Tinto Qta da Atela Sangria de Vinho Branco ou Vinho Tinto	Soft drinks Beer White and Red Wine from Qta da Atela White or Red Wine Sangria
35€	35€

OPCAO II	OPTION II
OPCAO I + 1 COCKTAIL	**OPTION I + 1 COCKTAIL**
40€	40€

OPCAO III	OPTION III
BEBIDAS INCLUIDAS DURANTE A REFEICAO :	**DRINKS INCLUDED DURING THE MEAL**:
Soft drinks Cerveja Vinho Branco e Tinto Qta da Atela Sangria de Vinho Branco ou Vinho Tinto	Soft drinks Beer White and Red Wine from Qta da Atela White or Red Wine Sangria
COCKTAILS	**COCKTAILS**
Spicy Jounieh Barouk Drop Beirut Cosmo Balbeque Mule	Spicy Jounieh Barouk Drop Beirut Cosmo Balbeque Mule
50€	50€

MENUS PERSONALIZADOS	PERSONALIZED MENUS
Menu “Kofta” €25 pax - Seleção de comidas Nota: **s/ bebidas**	Menu “Kofta” €25 per person – Selection of food Note: **drinks not included**
Menu “Musar” €30 pax - Seleção de comidas; sem sobremesas Nota: bebidas à discrição durante a refeição; **s/ cocktails**	Menu “Musar” €30 per person – Selection of food; no desserts Note: drinks included during the meal; **excluding cocktails**
Menu “Arak” €45 pax - Seleção de comidas; sem sobremesas Nota: bebidas à discrição durante a refeição; **c/ cocktails**	Menu “Arak” €45 per person – Selection of food; no desserts Note: drinks included during the meal; **included cocktails**